

Healthy   
Carolinians  
OF PENDER COUNTY

**PENDER COUNTY  
RESOURCE  
GUIDE**

**2006-2007**

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## Access Ill of the Lower Cape Fear

**Phone:** (910) 259-5701  
**Fax:** (910) 259-6975  
301 South Campbell Street  
Burgaw, NC 28425  
**Email:** [beverly.newton@alcfnc.org](mailto:beverly.newton@alcfnc.org)

It is a non-profit organization offering case management and disease management services to Carolina Access Medicaid patients and operates as a partnership between physicians, hospitals, Department of Social Services, and the Health Departments. The goal is to improve health outcomes and reduce Medicaid care costs.

## American Cancer Society

**Phone(s):** (866) 227-2237  
**Fax:** (252) 695-0671  
930 B. Wellness Dr.  
Greenville, NC 27834  
**Office Hours:** Mon-Fri, 8:30 AM to 5:00 PM

The American Cancer Society is the nationwide community-based voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives and diminishing suffering from cancer, through research, education, advocacy and service. Call for local support group information.

## American Red Cross Cape Fear Chapter

**Phone(s):** (910) 762-2683  
**Fax:** (910) 343-5850  
1102 South 16th Street  
Wilmington, NC 28401  
**Office Hours:** Mon-Fri, 8:30 AM to 5 PM  
**Email:** [datemam@usa.redcross.org](mailto:datemam@usa.redcross.org)

## Armed Forces Emergency Services

**Phone(s):** (910) 762-2683  
American Red Cross  
1102 South 16th Street

Wilmington, NC 28401  
**Office Hours:** Mon-Fri, 8:30 AM to 5:00 PM

Vital emergency link for military families, providing the means to communicate urgent news to service members separated from family. Also helps families obtain Red Cross emergency loans, grants, counseling, and referral services.

## Blood Services

**Phone(s):** (910) 762-2683  
American Red Cross - Cape Fear Chp  
1102 South 16th Street  
Wilmington, NC 28401  
**Office Hours:** Mon-Fri, 8:30 AM to 5:00 PM

Through volunteer blood donations, maintains a safe and accessible blood supply to the Carolina Blood Region, which benefits patients in our area hospitals.

## Disaster Services

**Phone(s):** (910) 762-2683  
1102 South 16th Street  
Wilmington, NC 28401  
**Office Hours:** Mon-Fri, 8:30 AM to 5:00 PM

Disaster Preparedness Training and Red Cross Disaster Relief Services in times of emergency.

## Health and Safety

**Phone(s):** (910) 762-2683  
1102 South 16th Street  
Wilmington, NC 28401  
**Office Hours:** Mon-Fri, 8:30 AM to 5:00 PM

Providing health and safety training to thousands of area residents annually in lifesaving skills; First Aid; CPR; Lifeguarding; Learn-To-Swim; Babysitting; HIV/AIDS Education; Childcare for the Provider or Parent.

## Red Cross Volunteer Program

**Phone(s):** (910) 762-2683  
American Red Cross  
1102 South 16th Street  
Wilmington, NC 28401  
**Office Hours:** Mon-Fri, 8:30 AM to 5:00 PM

Volunteer opportunities available: Blood Services; Disaster Services; Health and Safety Instruction; Special Events and Clerical Support.

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## Black River Health Services, Inc.

Non-profit health services: low cost medical clinic accepting Medicaid, Medicare, Carolina Access, Medical Access Plan (MAP), and most medical insurance. Serves Pender, Bladen, Columbus, Duplin, and Sampson counties.

### Black River Family Practice

**Phone(s):** (910) 259-5721/22

**Fax:** (910) 259-6975

301 S. Campbell St.

Burgaw, NC 28425

**Office Hours:** Mon-Fri 8:00 AM to 5:00 PM

### Black River Health Center

**Phone(s):** (910) 283-7783

**Fax:** (910) 283-7927

109 West Church Street

Atkinson, NC 28421

**Office Hours:** Mon-Fri 8:00 AM to 5:00 PM

### Maple Hill Medical Center

**Phone(s):** (910) 259-6444

4811 NC Highway 50

Mapel Hill, NC 28454

**Office Hours:** Mon-Fri 8:00 AM to 5:00 PM

**FAX:** (910) 259-6659

## Boy Scouts of America, Cape Fear Council

**Phone(s):** (910) 395-1100

**Fax:** (910) 395-0894

110 Longstreet Drive

PO Box 7156

Wilmington, NC 28406

Purpose: to promote, through cooperation with other agencies, the ability of youth to do things for themselves and others, and to teach them patriotism, courage, self-reliance and kindred values.

### Boy Scouting

**Phone(s):** (910) 395-1100

Boy Scouts/Cape Fear Council

PO Box 7156

Wilmington, NC 28406

**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

Teaches teamwork, leadership skills, outdoor camping skills, and helping others.

### Career Awareness

**Phone(s):** (910) 395-1100

Boy Scouts/Cape Fear Council

PO Box 7156

Wilmington, NC 28406

**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

Professionals and community leaders go to high school classrooms and give presentations concerning career opportunities in their fields.

### Cub Scouting

**Phone(s):** (910) 395-1100

Boy Scouts/Cape Fear Council

PO Box 7156

Wilmington, NC 28406

**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

Helps develop character, good habits and citizenship. Encourages sportsmanship and understanding within the family.

### Exploring

**Phone(s):** (910) 395-1100

Boy Scouts/Cape Fear Council

PO Box 7156

Wilmington, NC 28406

**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

A career introduction program designed to expose high schools students to various aspects of their career choices.

### Sports Club

**Phone(s):** (910) 395-1100

Boy Scouts/Cape Fear Council

PO Box 7156

Wilmington, NC 28406

**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

Serves inner-city youth through programs offered by the Boy Scouts of America.

### Tiger Cubs

**Phone(s):** (910) 395-1100

Boy Scouts/Cape Fear Council

PO Box 7156

Wilmington, NC 28406

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## Brigade Boys & Girls Club

**Phone(s):** (910) 395-1100

**Fax:** (910) 792-0280

2759 Vance Street  
Wilmington, NC 28412

**Email:** [dclark@brigadebgc.org](mailto:dclark@brigadebgc.org)

Helping youth of all backgrounds, with special concern for those from disadvantaged circumstances, develop the qualities needed to become responsible citizens and leaders. Brigade serves any boy or girl ages 6-18.

## Burgaw Area Chamber of Commerce

**Phone(s):** (910) 259-9817

**Fax:** (910) 259-9817

100 West Fremont Street  
Burgaw, NC 28425

**Office Hours:** 9-5 Monday thru Friday

Provides information on the community to those who request it; attempts to advance the economic, industrial, commercial, professional, cultural and civic welfare of the Burgaw area.

## Cape Fear Community College

### Cape Fear Community College-Burgaw Campus

**Phone(s):** (910) 259-4966

100 E. Industrial Dr.  
Burgaw, NC 28425

**Office Hours:** Mon-Fri, 8:00 AM to 10:00PM:  
Sat, 7:30 AM to 2:30 PM

**Web Site:** [www.cfcc.net](http://www.cfcc.net)

Cape Fear Community College (CFCC) offers 1-year vocational, 2-year technical and 2-year college transfer programs, plus continuing education courses.

## Cape Fear Literacy Council

**Phone(s):** (910) 251-0911

1012 South 17th Street  
Wilmington, NC 28401

**Office Hours:** Mon-Fri, 8:30 AM to 5:00 PM

**Email:** [literacy@wilmington.net](mailto:literacy@wilmington.net)

We train and support volunteers to teach literacy skills to adults and adolescents. Literacy includes both language

(including English as a Second Language) and math skills. We enable people to build their literacy skills through tutoring and independent work in a computerized learning lab and resource center. We also work to help make the community aware that literacy is a basic need.

## Catholic Social Ministries

### Family Center

**Phone(s):** (910) 259-5153

1303 Hwy 117 South  
Burgaw, NC 28425

**Office Hours:** Mon 9:00 AM to 5:00 PM (except lunch 12:00 to 1:00 PM); Thurs. 3:00 PM to 7:00 PM; 1<sup>st</sup> and 3<sup>rd</sup> Wed. 9:00 AM to Noon

Strives to empower families by helping them to help themselves. It is committed to providing educational opportunities, information for strengthening the family, counseling and assistance to victims of social injustice. Services are available in English and Spanish.

## Coastal Horizons Center, Inc.

### Crisis Line Hotline

**Phone(s):** (800) 672-2903, (910) 392-7408

Crisis Intervention Services

615 Shipyard Blvd.

Wilmington, NC 28412

**Office Hours:** 24 Hours Crisis Line and Emergency Shelter; Pregnancy testing M-W-F, 9:00 AM to 7:00 PM

**Web Site:** [www.coastalhorizons.org](http://www.coastalhorizons.org)

Crisis Line provides 24 hour crisis and suicide intervention. Other services include hotline and walk-in counseling, pregnancy testing, and food voucher referrals.

## First Call for Help

**Phone(s):** (910) 397-0497, (800) 672-2903

Crisis Intervention Services

615 Shipyard Blvd

Wilmington, NC 28412

**Office Hours:** 24 hour crisis counselor always available; Administration hours:

Mon-Fri, 8:30 AM to 5:30 PM

**Email:** fcfh@coastalhorizons.org

**Web Site:** www.coastalhorizons.org

First Call for Help provides 24 hour assessment, information, referral and facilitates linkages with available, needed resources.

## Cooperative Extension Service/Pender

**Phone(s):** (910) 259-1235

Pender County

801 South Walker Street

Burgaw, NC 28425

**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

Educational branch of North Carolina State University. Educational programs in agriculture, family and consumer science, 4-H, community resource development.

## Pender County 4-H

**Phone(s):** (910) 259-1235

801 South Walker Street

Burgaw, NC 28425

**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

**Web Site:** <http://pender.ces.state.nc.us/4-H>

We have 2 types of members: club members and members-at-large. We offer summer camp, summer fun programs and teacher workday fun days.

## District Attorney's Office - 5th District

### Child Victim Assistance Program (Pender County)

**Phone(s):** (910) 259-1388

100 South Wright Street

PO Box 308

Burgaw, NC 28425

**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

**Web site:** [www.co.new-hanover.nc.us/da/damain.htm](http://www.co.new-hanover.nc.us/da/damain.htm)

The Attorney General's Child Victim Assistance Program (CVAP) is designed to provide services and support to child victims and their families during their involvement with the criminal court process. The purpose of CVAP is to help ensure that child victims are not "revictimized" by the court system by offering support to children and their families. The program works with local community agencies to help fill the gap in services and to be a friend to children traumatized by abuse.

## East Coast Migrant Head Start

**Phone(s):** (910) 259-7491

**Fax:** (910) 259-7495

23280 NC HWY 210 West

Rocky Point, NC 28457

**Office Hours:** 7 am - 4:30 pm Monday - Friday

**Email:** [EC\\_LongCreek@INETMAIL.ATT.NET](mailto:EC_LongCreek@INETMAIL.ATT.NET)

Migrant families and their children ages birth to 5 receive food and resources from the federally funded program specific to migrant farm workers. Resources are available to parents and children in preparing for Kindergarten.

## East Coast Solutions

### Pender County Outreach - East Coast Solutions

**Phone(s):** (910) 251-8930

1314 South 16<sup>th</sup> Street

Wilmington, NC

**Office Hours:** Mon-Fri, 8:30 AM to 5:30 PM

**Email:** [admin@eastcoastsolutions.org](mailto:admin@eastcoastsolutions.org)

Provides substance abuse treatment, education and support to individuals and families to improve their ability to be drug free, self-sufficient residents in their community.

## Employment Security Commission- Joblink

### Pender County Office - ESC

**Phone(s):** (910) 259-0240  
NC Employment Security Commission  
105 Courthouse Avenue  
Burgaw, NC 28425  
**Office Hours:** Mon-Fri, 8:30 AM to 5:00 PM  
**Web Site:** [www.esc.state.nc.us](http://www.esc.state.nc.us)

Employment services, unemployment insurance, and JTPA.

## Four County Community Services - Pender County

**Phone(s):** (910) 259-3274  
**Fax:** (910) 259-3274  
PO Box 1457  
112 South Dickerson Street  
Burgaw, NC 28425  
**Office Hours:** Mon-Fri, 8:30 AM to 5:00 PM

Emergency Food, Emergency Assistance Programs, Free/Low Cost Fuel; works with Senior Citizens of Pender & Safe Haven, etc. Services provided include assistance in preparing for finding and maintaining employment, enrolling in educational programs, obtaining standard housing, and enrolling in benefit programs. Emergency assistance provides for the immediate need of the client. Clients learn to manage available resources through budgeting, comparison shopping, and energy conservation. A self-sufficiency plan is developed by the client with the assistance of trained staff. Income tax returns are prepared for eligible tax payers through the Volunteer Income Tax Assistance (VITA) program. Families and individuals who are homeless are helped by securing standard housing. Educational, employment, and other client-specific services are provided to assist them in becoming self-sufficient.

### Community Services Block Grant Program (Four County-Pender)

**Phone(s):** (910) 259-3274  
PO Box 1457  
112 South Dickerson Street  
Burgaw, NC 28425  
**Office Hours:** Mon-Fri, 8:30 AM to 5:00 PM

It is the purpose of this agency to determine the problems and needs of the low-income population in its

service area and to design and operate programs that enable them to gain skills and opportunities necessary to become self-sufficient. Our mission is to help people help themselves by providing services which enable them to develop marketable skills, reduce barriers to employment, teach living skills, improve living conditions, and improve the quality of life. This mission is achieved through the many programs operated by the agency. The only program with a waiting list is Weatherization Services.

### Weatherization Assistance Program -Four County Community Services

**Phone(s):** (910) 259-3274  
PO Box 1457  
112 South Dickerson Street  
Burgaw, NC 28425  
**Office Hours:** Mon-Fri, 8:30 AM to 5:00 PM

Services provided under this program are related to weatherizing the home. Energy conservation, comfortable home and lower utility bills are achieved through the services provided by the Weatherization Assistance Program. Long term benefits are realized and savings of up to 27% are achieved annually on energy bills over the life of the measures installed which is estimated to be 20 years. Services provided are determined by the Weatherization Department.

## Girl Scouts Council of Coastal Carolina

**Phone(s):** (800) 558-9297, (919) 734-6231  
**Fax:** (919) 734-9038  
108 Lockhaven Drive  
PO Box 1735  
Goldsboro, NC 27533-1735  
**Office Hours:** 8:00-5:00, Mon-Thurs; 8:00-12:00 Friday  
**Web Site:** [www.homestead.com/gscoc](http://www.homestead.com/gscoc)

The Girl Scout Council of Coastal Carolina, Inc., chartered by Girl Scouts of the USA, has been serving girls ages 5 through 17 in eastern North Carolina for more than 40 years. The mission of the Girls Scouts has always been to inspire girls to their highest potential so they may become competent and resourceful citizens. It is as true today as it was in 1912 when the national organization began.

### Girl Scouts

**Phone(s):** (910) 458-5164  
PO Box 328  
Kure Beach, NC 28449  
**Office Hours:** Mon-Thurs, 8:00 AM to 5:00 PM; Fri 8:00 AM to 12:00 PM

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Local (Cape Fear Area) Contact for anyone interested in Girl Scouting.

### Girls Inc.

**Phone(s):** (910) 763-6674  
**Fax:** (910) 772-9528  
1502 Castle Street  
Wilmington, NC 28401  
**Office Hours:** 9:30 AM to 6:30 PM. Monday - Thursday  
9:00 - 6:00 Friday  
**Email:** [iboston.wilmingtonnc@girls-inc.org](mailto:iboston.wilmingtonnc@girls-inc.org)

Provides a structured program for girls 5 through 18 to help build their capacity for responsible and confident adulthood. Provides homework assistance, career development, pregnancy prevention, drug prevention, and an opportunity to explore the areas of science and math for future growth. The overall program tries to assist girls in making choices that will affect their future. Rural Girls program in Pender schools, Topsail Middle and Pender Summer Program.

### Greater Hampstead Chamber of Commerce, The

**Phone(s):** (910) 270-9642, (800) 833-2483  
**Fax:** (910) 270-9642  
Highway 17 N, Hampstead Village Shopping Center  
PO Box 211  
Hampstead, NC 28443  
**Office Hours:** Mon-Fri 9:00 AM-NOON  
**Web Site:** [www.hampsteadchamber.com](http://www.hampsteadchamber.com)  
The Greater Hampstead Chamber of Commerce is an organization of the business community from Scotts Hill to Sloop Point, formed in 1987 to promote, advance and preserve the commercial and civic interests of the Greater Hampstead Area, encourage residents to take advantage of goods and services available locally, and provide visitors with information about the area and its businesses.

### Greater Topsail Area Chamber of Commerce and Tourism

**Phone(s):** (910) 329-4446, (800) 626-2780  
13775 Treasure Coast Landing,  
Suite 101, Highway 50  
Surf City, NC 28445  
**Office Hours:** 9-5 Monday-Friday  
**Email:** [info@topsailcoc.com](mailto:info@topsailcoc.com)  
**Web Site:** [www.topsailcoc.com](http://www.topsailcoc.com)

The Greater Topsail Area Chamber of Commerce and Tourism provides information about Visiting, Vacationing or Relocating. In addition, the Chamber offers a history of the region, and a listing of community's businesses and what they offer the region.

### Healthy Carolinians of Pender

**Phone(s):** (910) 259-5451  
**Web Site:** [www.healthycarolinians.org](http://www.healthycarolinians.org)

Healthy Carolinians of Pender is a community based team that works together to identify the health needs of Pender County residents and coordinate resources to address these needs. Their objective is to increase the span of healthy life of the citizens of Pender County, remove health disparities among the disadvantaged, promote access to preventive health services, protect the public's health, foster positive and supportive living and working conditions in our community, and support individuals to develop the capacities and skills to achieve healthy living. The main initiatives being addressed are: Chronic Disease, Wellness, and Community Awareness.

### Diabetes Support Group of Pender County

**Phone(s):** (910) 259-5451 ext. 205  
Pender Adult Centers  
Bugaw & Hampstead Campuses

Pender County, NC  
**Office Hours:** Call for Dates and Times

**Email:** [alane.savod@pendermemorial.org](mailto:alane.savod@pendermemorial.org)

Education, nutrition, physical exercise, sharing concerns and more are covered in this support group on learning how to control your Diabetes.

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## Smoke Cessation Program

**Phone:** (910) 259-5451 ext. 205

**Email:** [alane.savod@pendermemorial.org](mailto:alane.savod@pendermemorial.org)

Partnering with American Lung Association, this eight-session program places emphasis on long-term freedom from smoking. The trained instructors will teach a step-by-step method for changing behavior and quitting smoking. This group approach uses positive thinking, alternative behaviors, one-on-one help, rewards and group support to help participants stop smoking. If interested in participating in a future class, please call.

## Homestead Health Center

**Phone:** (910) 285-0400

Willarlea Ruritan Building  
Eleanor Roosevelt Lane  
Willard, NC 28478

**Office Hours:** Mon-Wed. 8:00 AM to 5:00 PM; Thurs. 8:00 AM to 8:00 PM; Fri. 8:00 AM to 1:00 PM

Non-profit health services offering a low cost Medical Clinic and Dental Services. Accepts Medicaid, Medicare, Carolina Access Plan, and most medical insurances. All services are bilingual.

## Juvenile Court Counselors Pender County

**Phone(s):** (910) 259-1244

**Fax:** (910) 259-1265

Pender County Courthouse 3rd floor  
PO Box 308  
Burgaw, NC 28425

Counseling with parents and children to provide assistance with behavioral and emotional problems. Emphasis is placed on being consistent with rules and consequences. Programs include crisis intervention, family dynamics/parenting class, and home-based services as well as supervision of children over whom the court has authority and investigation of complaints to court against juveniles.

## Legal Aid of North Carolina, Inc

**Phone(s):** (910) 763-6207, (800) 672-9304

**Fax:** (910) 343-8894

Wilmington Office  
201 North Front Street, Suite 1002  
Wilmington, NC 28402

**Office Hours:** Mon-Fri, 8:30 AM to 5:00 PM

**Web Site:** [www.legalaidnc.org](http://www.legalaidnc.org)

Legal advice and assistance in the area of civil law to persons who cannot afford an attorney. There are special programs for Domestic Violence victims and Elder law. Serves New Hanover, Pender, Brunswick, Columbus, Onslow, Bladen and Duplin counties. Call for eligibility requirements.

## Lower Cape Fear Hospice, Inc.

**Phone(s):** (910) 772-5444, (800) 733-1476

**Fax:** (910) 762-9146

725-A Wellington Avenue  
Wilmington, NC 28401

**Office Hours:** Office: Mon-Fri, 8:00 AM to 5:00 PM;  
Patient care: 24 Hours

Professional health care and comfort to the terminally ill and hope, support and education to patients, their families and the community. Services include Sunrise Center and Hospice.

## Caring for You, Caring for Me

**Phone(s):** (910) 815-3961, (800) 733-1476  
different churches

Tri County Area, NC

**Office Hours:**

REGISTRATION IS REQUIRED

A Free, Five-session Education and Support Program for Caregivers.

People interested may be:

Providers of personal care for an adult, part of a helping ministry or part of a civic community organization that assists persons in need with caregiving tasks, people who would like to know how to find and access available resources because they may be taking on more responsibilities of a loved one, neighbor, or congregation member., or a family member or professional who assists frail or disabled adults.

Discussion Topics Include:

What it means to be a caregiver, taking care of yourself while caring for others, seeking helpful relationships,

solving and preventing problems, asking for help, looking for assistance, sharing ways to cope, and improving communication  
Participant manuals and refreshments will be provided.

### **Hospice Services**

**Phone(s):** (910) 772-5444, (800) 733-1476  
Lower Cape Fear Hospice  
725-A Wellington Avenue  
Wilmington, NC 28401  
**Office Hours:** Office: Mon-Fri, 8:00 AM to 5:00 PM;  
Patient Care: 24 hours

Professional health care and comfort to the terminally ill and hope, support, and education to patients, their families, and the community.

### **Military Support**

**Phone(s):** (910) 540-3957 or (910) 458-3389  
**Web Site:** www.Stepupforsoldiers.org

### **Citizen Soldier Support Program**

Providing assistance to Active Duty, National Guard and Reserve personnel and their families when their loved one is mobilized and /or deployed through referral to available community-based resources and services. The mission is to be a friendly, caring and supportive resource and referral organization for local military families when they have questions or are in need.

### **New Hanover Health Network**

#### **Pender Memorial Hospital**

**Phones (s):** (910) 259-5451  
See page 25

#### **VitaLine**

**Phone(s):** (910) 815-5188, (888) 815-5188  
New Hanover Regional Medical Center  
PO Box 9000  
Wilmington, NC 28402-9000  
**Office Hours:** 24 Hours

VitaLine is a free, 24-hour phone triage and information system that gives area residents easy access to prompt, confidential medical advice, physician referrals, information about health resources, program descriptions and registration for classes. The services are staffed by

experienced emergency department nurses and other professionally trained personnel.

Information on support groups including ALS, Alumni, Amputee, Better Breathers Club, Can Survive, Diabetes, Easter Seals Stroke, Head Injury, ICD, Karen Jo Smith Breast Cancer, Sugar Angels, Sugar Angels too.

### **Pender Adult Services, Inc.**

**Phone(s):** (910) 259-9119  
**Fax:** (910) 259-9144  
901 S. Walker St.  
P.O. Box 1251  
Burgaw, NC 28425  
**Office Hours:** 8-5, Mon-Fri

### **CAP (Community Alternatives Program)/Personal Care Services**

**Phone(s):** (910) 259-9119  
Pender Adult Services  
**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

CAP is a Medicaid-funded program for disabled adults at risk for being institutionalized. It allows persons to remain safely at home with the assistance of in-home aides, home mobility aids, waiver supplies, and telephone alert. PCS provides care to clients in need of assistance based on medical diagnosis. Assistance with meal preparation and home management are provided secondary to need for personal care.

### **Congregate Nutrition**

**Phone(s):** (910) 259-9119  
Pender Adult Services  
**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

Noon meals served in a congregate setting.

### **Home Delivered Meals**

**Phone(s):** (910) 259-9119  
Pender Adult Services  
**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

One well-balanced nutritious meal delivered to the eligible client's home Monday through Friday.

### **In Home Aide**

**Phone(s):** (910) 259-9119  
Pender Adult Services  
**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

Client receives assistance with ADLs and IADLs from a Certified Nursing Assistant. Home management and personal care assistance is provided.

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## **In Home Aide-Private Pay**

**Phone(s):** (910) 259-9119

Pender Adult Services

**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

Program is the same as In Home Aide except client pays for a portion of the total cost of service based on client's total monthly household income.

## **Senior Center Programming**

**Heritage Place:** (910) 259-9119

**Maple Hill Senior Center:** (910) 259-8282

**Topsail Senior Center:** (910) 270-0708

Program includes a variety of activities, classes, programs, and services for seniors.

## **SHIP**

**Heritage Place:** (910) 259-9119

**Phone:** (800) 443-9354

**Website:** [www.ncship.com](http://www.ncship.com)

Seniors' Health Insurance Program is a consumer information division of the NC Department of Insurance that assists senior citizens with Medicare, Medicare Supplements, Medicare Advantage, Medicare fraud and abuse and long-term care insurance questions.

## **Transportation**

**Phone(s):** (910) 259-9119

PO Box 1251

Burgaw, NC 28425

**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

Transportation is provided to clients to medical appointments, Senior Centers, recreational events, grocers, pharmacies, etc.

## **Wellness Program**

**Phones(s):** (910) 259-9119

Heritage Place

901 S. Walker St.

Burgaw, NC 28425

**Office Hours:** Mon-Thurs, 6:00 AM to 8:00 PM

Fri, 6:00 AM to 6:00 PM, Sat, 8:00 AM – 12:00 PM

Fitness classes offered including: Aerobics, Kickboxing, Yoga, Pilates as well as senior oriented classes. Call for more information.

## **Pender County Board of Elections**

**Phone(s):** (910) 259-1220

**Fax:** (910) 259-1269

PO Box 1232

Burgaw, NC 28425

**Office Hours:** 8-5, Mon to Fri

Voter information for Pender County residents.

## **Pender County Child Support Agency**

**Phone(s):** (910) 259-1223

**Fax:**

305 South Walker St.

PO Box 1086

Burgaw, NC 28425

**Web Site:** [www.ncchildsupport.com](http://www.ncchildsupport.com)

If you receive child support, you can verify the status of your child support case, find out if a payment is on its way to you, or learn the amount of arrears owed to you. If you pay child support in North Carolina, you can ensure a payment was received, verify a payment amount, find out if you are in arrears, or pay child support.

## **Pender County Christian Services, Inc.**

**Phone(s):** (910) 259-5840

102 East Wilmington St

PO Box 84

Burgaw, NC 28425

**Office Hours:** 9-12:30 Monday, Tuesday, and Thursday

A non-profit clothes closet and food bank supported by donations. Maintained by on site supervisor and volunteers.

## **Pender County Department of Social Services**

**Phone(s):** (910) 259-1240

**Fax:** (910) 259-1418

810 South Walker Street

PO Box 1207

Burgaw, NC 28425

**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM (Closes to public at 4PM)

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A human resource agency committed to helping people avoid getting trapped into a cycle of dependency. Programs of public assistance and social services include: Work First Family Assistance (WFFA), Medicaid, Food Stamps, Energy Assistance, Foster Care, Adoptions, In-Home Aide Services, Services for the Blind, Work First Employment Programs, and Protective Services for Adults and Children.

## Pender County Health Check

**Phone(s):** (910) 259-9120  
**Fax:** (910) 259-6975  
301 S. Campbell Street  
Burgaw, NC 28425  
**Email:** bkhealthcheck@bellsouth.net

Like thousands of other North Carolina children, your child may be eligible for Health Check or NC Health Choice, free or low cost health insurance for children and teens birth through age 20. Children with one or two working parents earning \$35,000 a year, or more may qualify. The program also covers children living with grandparents and other family or friends.

## Pender County Health Department

**Phone(s):** (910) 259-1230  
**Fax:** (910) 259-1258  
803 South Walker Street  
PO Box 1209  
Burgaw, NC 28425  
**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

Responsible for protecting the community's health, including assessment, diagnosis, and treatment of community and environmental hazards and unhealthy conditions. Services include: adult health clinic, child health clinic, immunization clinic, family planning clinic, colposcopy clinic, maternity clinic, STD & communicable disease clinic, health education, WIC, diabetes counseling, home health, health promotion, and environmental services.

### Animal Control Program (Pender County)

**Phone(s):** (910) 259-1484  
Pender County Health Dept.  
PO Box 1209  
Burgaw, NC 28425  
**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

Investigation of animal complaints such as bites from both domestic and wild animals. Impoundment of stray and abandoned animals and help in adoption programs. Assists in a county-wide rabies vaccination program for domestic animals. Removes vicious animals that are a threat to the public.

### Child Health

**Phone(s):** (910) 259-1230  
Pender County Health Dept.  
PO Box 1209  
Burgaw, NC 28425  
**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

Well child physicals including daycare, kindergarten, Head Start, etc. Sick visits provided by a physician. Immunizations given as part of the program.

### Child Service Coordination

**Phone(s):** (910) 259-1230  
PO Box 1209  
Burgaw, NC 28425  
**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

Family-centered program focused on children with special needs. This program also focuses on services and resources to respond to the needs of children and their families from birth to three years, but may continue in the program until five years of age.

### Communicable Diseases

**Phone(s):** (910) 259-1230  
PO Box 1209  
Burgaw, NC 28425  
**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

Sexually transmitted disease (STD) clinic provides examination and treatment of sexually transmitted diseases. Communicable Disease office works closely with private physicians and community, and follows up on STDs, including testing and immunization.

### Environmental Health Services

**Phone(s):** (910) 259-1230  
PO Box 1209  
Burgaw, NC 28425  
**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

All aspects of protecting the public health of citizens from contamination of water supplies, land, etc. Lot evaluations, inspections of food and lodging establishments, issues permits, and answers complaints.

### Family Planning

**Phone(s):** (910) 259-1230  
Pender County Health Dept.  
PO Box 1209

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Burgaw, NC 28425

**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

Provides comprehensive physicals for child bearing age women wanting a pregnancy prevention method, including pap smear follow-up (colposcopy) and referrals as needed.

### Health Promotion

**Phone(s):** (910) 259-1230

PO Box 1209

Burgaw, NC 28425

**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

The goal of health promotion is to promote health for all people of Pender County by assessing needs, developing policy, and establishing interventions to address the leading causes of death and disability. This is done through education, counseling, referrals, and follow-up.

### Immunizations

**Phone(s):** (910) 259-1230

PO Box 1209

Burgaw, NC 28425

**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

Walk-in immunization clinic provided daily. No appointments are necessary. Immunizations are free.

### Maternal Health Program

**Phone(s):** (910) 259-1230

Pender County Health Dept.

PO Box 1209

Burgaw, NC 28425

**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

Provides maternity care to women.

### Mobile Health Unit

**Phone(s):** (910) 259-1230

Pender County Health Dept.

PO Box 1209

Burgaw, NC 28425

**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

A community outreach program that brings medical and dental services to rural areas of the county. This program will provide the services that are usually only available to people at a physician's office. This unit will also be working with the school system in Pender to provide mobile immunizations.

### Women, Infants & Children Program (WIC)

**Phone(s):** (910) 259-1230

Pender County Health Dept.

PO Box 1209

Burgaw, NC 28425

**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

A federally-funded nutrition program for women, infants, and children five and under. This program provides nutrition counseling, formula, and nutritional foods to eligible families.

## Pender County Public Health Foundation

**Phone(s):** (910) 259-1328

803 South Walker Street

Burgaw, NC 28425

Purpose: to ensure the availability, accessibility, and affordability of health care services to the medically underserved citizens of Pender County.

## Pender County Housing Department

**Phone(s):** (910) 259-1208

**Fax:** (910) 251-1343

805 South Walker Street

PO Box 1149

Burgaw, NC 28425

**Office Hours:** 8-5, Monday to Friday

Section 8 Housing Program - HUD subsidized to help clients rent decent, safe, and sanitary housing paying no more than 30% of their income.

### Section 8 Housing Department (Pender County)

**Phone(s):** (910) 259-1208

Pender County Housing Department

PO Box 1149

Burgaw, NC 28425

**Office Hours:** Mon- Fri, 8:00 AM to 5:00 PM

Section 8 is a rental assistance program which utilizes the rental stock of the private market by subsidizing the difference in rent between the rent the family contributes (30% of their income) and the rent the owner charges.

## Pender County JobLink Career Center

**Phone(s):** (910) 259-9105  
**Fax:** (910) 259-9048  
Cape Fear Community College  
100 Industrial Drive  
Burgaw, NC 28425  
**Office Hours:** Mon,Wed 8:00am-9:00pm  
Tue, Thu, Fri 8-5

Free services to all people interested in finding a job that fits their personal needs and aspirations. Job seekers services include assessment, career information/development, job search training, resume preparation, interview preparation, job application assistance, job placement services for persons with disabilities, support services, information and referrals, school-to-work connections, unemployment insurance information, financial eligibility/ sponsorship determination, labor market information and occupational/literacy training. Services are provided through a wide range of service options from self-service to full-service. Career Resources Center includes access to JIS, resume program and internet access. Career Development, Employment Counseling, On-the-job Training, Basic Skills (ESL, AHS, GED and CED), WIA Services and free classes also provided. The JobLink Career Center also offers employers the opportunity to recruit qualified workers at one location.

## Pender County Magistrates

**Phone(s):** (910) 259-1215  
**Fax:** (910) 259-1292  
104 N. Walker Street  
Burgaw, NC  
**Office Hours:** Business Hours: 8-5 Monday-Friday;  
service hours 24 hours a day

Magistrates issue warrants for arrest for the probable cause of violations of North Carolina laws, such as Assault on a Female, Domestic Criminal Trespass, and Communicating Threats. Services are rendered only "in person".

## Pender County Manager's Office

**Phone(s):** (910) 259-1200  
**Fax:** (910) 259-1402  
108 South Cowan Street  
PO Box 5  
Burgaw, NC 28425  
**Office Hours:** 8-5, Mon-Fri  
**Web Site:** pender-county.com

Responsible for overall leadership and administration of all county programs, policies and operations. Assists the Board of Commissioners and serves as the county's Clerk to the Board, Budget Officer, Personnel Director, Purchasing Agency, and Solid Waste Manager.

## Pender County Parks & Recreation

**Phone(s):** (910) 259-1330  
**Fax:** (910) 259-1291  
805 South Walker Street  
PO Box 5  
Burgaw, NC 28425  
**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

Provides recreational opportunities for adults and youth for various programs and activities. Call for more information.

## Pender County Partnership for Children

**Phone(s):** (910) 259-9978  
**Fax:** (910) 259-9728  
910 E. Fremont St.  
PO Box 429  
Burgaw, NC 28425  
**Office Hours:** Mon-Fri 8AM-5PM; 1st Saturday of each month 9AM-12PM  
**Email:** penderchildcare@bellsouth.net

Smart Start is a comprehensive public-private initiative to help all North Carolina children enter school healthy and ready to succeed. Smart Start programs and services provide children 0-5 access to high quality and affordable child care, health care, and other critical services. Current programs include child care subsidies, teacher salary supplements, health screenings, parenting skills training, first aid and CPR training, inclusion and intervention services, mental health services, literacy development, affordable health insurance, Health Check coordination, child care nursing, child care resource and referral, facility upgrades, and family support.

## Pender County Public Library

**Phone(s):** (910) 259-1234

**Fax:** (910) 259-1247

103 South Cowan Street  
PO Box 879

Burgaw, NC 28425

**Office Hours:** Mon./Wed/Fri 9am-6pm;  
Tue/Thur 9am-8pm; Sat: 9am-5pm

### Hampstead Branch Library

**Phone(s):** (910) 270-4603

75 Library Drive

Hampstead, NC 28443

**Office Hours:** Mon/Wed/Fri: 9am-6pm

Tue/Thur: 9am-8pm; Sat: 9am-1pm

**Web Site:** [www.youseemore.com/penderpl](http://www.youseemore.com/penderpl)

The library provides books and other media materials to support educational, recreational, and informational needs of citizens, enhancing individual and community life.

## Pender County Public Schools

**Phone(s):** (910) 259-2187

**Fax:** (910) 259-0133

925 Penderlea Highway

Burgaw, NC 28425

**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

**Email:** [www.pendercountyschools.net](http://www.pendercountyschools.net)

Public school system with approximately 6900 students. Elementary schools: Burgaw Elementary, Cape Fear Elementary, Malpass Corner Elementary, Penderlea Elementary (K-8), Rocky Point Primary, North Topsail Elementary, South Topsail Elementary; Middle Schools: West Pender Middle, Burgaw Middle, Topsail Middle, Cape Fear Middle; High Schools: Pender High, Topsail High, Heide Trask Senior High, and Pender Learning Center (Alternative School grades 7-12).

### Pender County Schools Preschool Program Head Start

**Phone(s):** (910) 259-7603

210 E. Fremont St.

Burgaw, NC 28425

**Web Site:**

[www.edline.net/pages/Pender\\_County\\_Schools](http://www.edline.net/pages/Pender_County_Schools)

## Pender County School Social Workers

**Phone(s):** (910) 259-2633, (910) 259-8098

Pender County Board of Education

925 Penderlea Highway

Burgaw, NC 28425

**Office Hours:** School days/hours

Schools Social Work is to promote maximum development of all students by prevention/alleviation of problems that interfere with the tasks of learning through knowledge of human behavior, social systems, and social work skills.

## Pender County Register of Deeds

**Phone(s):** (910) 259-1225

**Fax:** (910) 259-1299

300 East Freemont

PO Box 43

Burgaw, NC 28425

**Office Hours:** 8-5, Mon-Fri; Marriage licenses issued 8-4.

Official office for filing and keeping Birth, Death, Marriage and real estate record transactions in Pender County NC.

## Pender County Sheriff's Office

**Phone(s):** (910) 259-1212

**Fax:** (910) 259-6335

605 East Freemont Street

Burgaw, NC 28425

**Office Hours:** 24 Hours

**Email:** [www.pendersheriff.com](http://www.pendersheriff.com)

## Pender County Veterans Services

**Phone(s):** (910) 259-1203

801 South Walker Street

PO Box 1373

Burgaw, NC 28425

**Office Hours:** 8-5, Mon-Fri

Assist veterans and their dependents in obtaining US Department of Veterans Affairs benefits.

## Pender Home Health

**Phone(s):** (910) 259-1224, (800) 263-2016

**Fax:** (910) 259-1454

507 East Fremont Street

Burgaw, NC 28425

**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM; On-call nurse after hours; Patient services 7 days a week.

Serving eight counties, PHH offers quality nursing care and rehabilitation therapy in the comfort and privacy of one's home while specializing in wound care, diabetes, and pediatric services. Medicare and Medicaid certified.

## Pender Memorial Hospital

**Phone(s):** (910) 259-5451

**Fax:** (910) 259-7136

507 Fremont Street

Burgaw, NC 28425

**Office Hours:** 24 Hours

86 bed not-for-profit community hospital accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) and a member of Wilmington-based New Hanover Health Network. Services offered include:

**24-Hour Emergency Services** - provided by the same group of emergency trained physicians that practice in the Trauma Center at New Hanover Regional Medical Center provide emergency care 24-hours per day.

**Rehabilitation Services** - covering physical therapy, occupational therapy, and speech therapy

**Surgical Services** – board-certified surgeons performing inpatient and outpatient surgery, gynecological procedures, orthopedics, podiatry, and cataract surgery. In addition, diagnostic procedures are now offered in the new Endoscopy Suite.

**Pender Home Health** - serving eight counties, PHH offers quality nursing care and rehabilitation therapy while specializing in wound care, diabetes, and pediatric services.

**Diagnostic Services** – providing laboratory tests, respiratory services and extensive radiology services including new multi-slice CT, x-ray, ultrasound, MRI, and mammography.

**Skilled Nursing Facility** – providing high-quality comprehensive care in a supportive environment. The

focus is placed on addressing the physical, social, and emotional needs of the patient for both rehabilitation and long-term care.

## Planned Parenthood of the Capital & Coast

### Adolescent Parenting Program of Planned Parenthood -Pender County

**Phone(s):** (910) 259-6004

201-B Wright St.

P.O. Box 1053

Burgaw, NC 28425

**Web Site:** [www.plannedparenthood.org/](http://www.plannedparenthood.org/)

APP is available to adolescents living in Pender County, that are 17 years old or younger, who are pregnant or parenting for the first time. APP provides direct case management and support to help teenage mothers become responsible caring parents and productive young women. APP's goals are to: delay a second pregnancy, continue high school education, develop parenting skills, locate and utilize community resources, and strengthen job skills.

## Safe Haven of Pender, Inc.

**Phone(s):** (910) 259-8989

**Fax:** (910) 259-9410

**Chris Line:** (910) 259-8989 available 24 hrs per day

1411 Hwy 117 South

Burgaw, NC 28425

**Office Hours:** Mon.-Fri. 8 am – 4pm

**Email:** [shopinc1@bellsouth.net](mailto:shopinc1@bellsouth.net)

Shelter, Crisis Response, and services for situations involving domestic violence and sexual abuse for women, children, and men. Education, counseling, and protection for children from abuse and sexual assault and children at risk.

### SHYI

**Phone:** (910) 259-8989

1411 Hwy 117 South

Burgaw, NC 28425

Safe Haven Youth Initiative strives to reach out to youth at risk of sexual assault and relationship violence.

## Salvation Army, The

**Phone(s):** (910) 762-7354

**Fax:** (910) 762-1501

820 North 2nd Street

PO Box 90

Wilmington, NC 28402

**Office Hours:** Office: Mon-Fri, 9:00 AM to 5:00 PM;  
Shelter: 24 Hours

The Salvation Army provides emergency assistance by providing food, shelter, clothing, fuel assistance, rent assistance, prescription drug assistance, emergency bus fare assistance, Angel Tree Christmas Program, and Wood Lot Program. They also provide spiritual counseling and church services which is the basis for all that they do.

### Angel Tree Christmas Program

**Phone(s):** (910) 762-2070

The Salvation Army

PO Box 90

Wilmington, NC 28402

**Office Hours:** Office: Mon-Fri, 9:00 AM to 5:00 PM

Christmas gifts provided for children 12 years and under upon approved application.

### Emergency Services

**Phone(s):** (910) 762-5948

The Salvation Army

PO Box 90

Wilmington, NC 28402

**Office Hours:** Office: Mon; Wed-Fri, 9am-12pm &

1pm -3pm (Office closed on Tuesdays)

Provide food, clothing, fuel assistance, rent assistance, prescription drug assistance, emergency bus fare assistance.

### Emergency Shelter

**Phone(s):** (910) 762-5948

820 North 2nd Street

Wilmington, NC 28402

**Office Hours:** Check in at shelter: 8am-8pm,  
7days/week

Shelter for homeless persons.

### Woodlot Project

**Phone(s):** (910) 397-0497, (910) 799-4748

The Salvation Army

PO Box 90

Wilmington, NC 28402

**Office Hours:** Call to order wood 9am-12pm Mon-Wed. First Saturday in December - the first Saturday in March

Provides wood to needy individuals in the community who rely on wood for heating and cooking. Volunteers needed on Saturday mornings, December-March to load and deliver wood. Donations of wood accepted, but donors must bring wood to Woodlot. Woodlot location: Off 23<sup>rd</sup> Street entrance to the Wilmington International Airport.

## Services for the Blind, North Carolina Division of

### Independent Living Program

**Phone(s):** (910) 259-1240

PO Box 1207

Burgaw, NC 28425

**Office Hours:** Tues-Wed, 8:00 AM to 4:00 PM

To help individuals who are blind or visually impaired live independently by providing supportive services in the home and community. Pender office open Tuesday and Wednesday.

## Social Security

**Phone(s):** (910) 815-4733 ;(800) 772-1213

1528 South 16<sup>th</sup> Street

Wilmington, NC

**Website:** [www.ssa.gov](http://www.ssa.gov)

Handles retirement, survivors, disability or supplemental security income.

## Southeastern Center for MH/DD/SAS

### Pender Center for MH/DD/SAS

**Phone(s):** (910) 259-5476, (800) 224-0040

Southeastern Center for MH/DD/SAS

803 S. Walker St.

Burgaw, NC 28425

**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

**Email:** [whittle@secmh.org](mailto:whittle@secmh.org)

Mental health, outpatient services, and substance abuse services.

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## Support Groups

**Phone(s):** (910) 815-5188

Updated Information on many support groups through Vita Line.

### Alcoholics Anonymous

**Phone(s):** (910) 794-1840

Wilmington, NC 28401

**Office Hours:** Call for meeting times, locations, and additional information

**Web Site:** [www.wilmingtonAA.org](http://www.wilmingtonAA.org)

AA - A 12-step program for those with a problem with alcohol.

### Cancer Survivor

**Phone(s):** (910) 342-3001

Zimmer Cancer Building

2nd floor Conference room

Wilmington, NC

Support for those who have cancer and their families.

### Diabetes Support Group of Pender County

**Phone(s):** (910) 259-5451 ext. 205

Pender Adult Centers

Pender County, NC

**Office Hours:** Call for Dates and Times

**Email:** [alane.savod@pendermemorial.org](mailto:alane.savod@pendermemorial.org)

See page 18

### I Can Cope

**Phone(s):** (866) 227-8837

Wilmington, NC 28401

**Office Hours:** Call for meeting times and places.

A treatment for patients. Also provides an educational program for patients and their families with a short course of four sessions.

## The Carousel Center

**Phone(s):** (910) 254-9898

**Fax:** (910) 254-9818

2805 Market Street

Wilmington, NC 28403

Organization that is committed to providing services to victims of child abuse and sexual abuse. Serves Bladen, Brunswick, Columbus, Duplin, New Hanover, Onslow and Pender Counties. Referrals are taken from DSS and law enforcement.

## Vocational Rehabilitation Services

### VRS - Pender County Schools

**Phone(s):** (910) 259-0159

PO Box 1099

Burgaw, NC

**Office Hours:** Mon-Fri, 8:00 AM to 5:00 PM

This agency works with individuals having a disability that adversely impacts their ability to obtain or maintain employment. The services provided are completely individualized. Income has no bearing on eligibility for the program. It does however have to do with the types of services provided. The goal is rehabilitation with employment as the outcome.

## 9-1-1 Emergency

**Phone:** 9-1-1

**Hours:** 24 hours

Dispatches fire, police, and medical personnel in an emergency